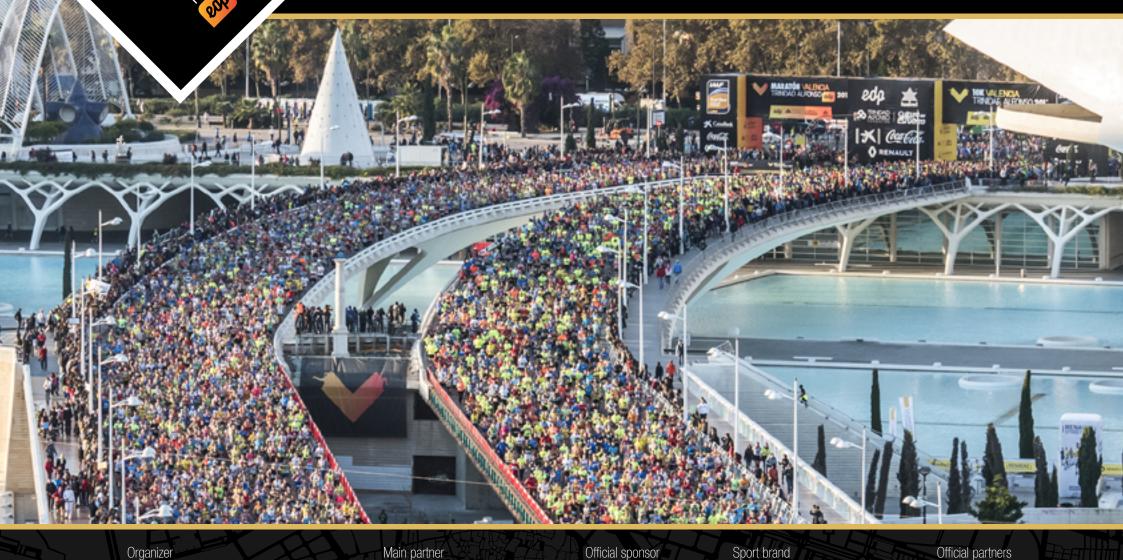


PERSONAL BEST

2018 DOSSIER



Organizer





J.FONSO



Cultura del Esfuerzo



Sport brand

luanvi

Official partners





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- It is a project aimed to overcome your PERSONAL RÉCORD or PERSONAL BEST under 2h20:00 (men) and 2h45:00 (women) in the 38th edition of the Valencia Marathon Trinidad Alfonso EDP.
- Certain economic prizes will be awarded to those athletes joining the programme and improving their personal record. These economic awards are independent from other prizes awarded in the race.



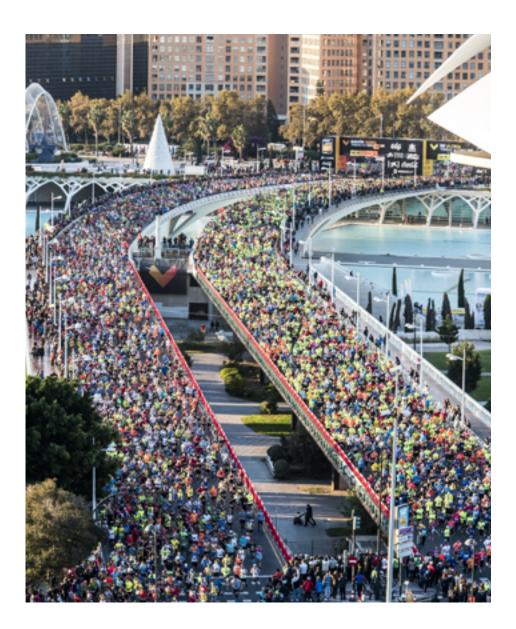


- Applications for this program may be made by any one from any country, who has not previously been signed up with the organization, and can prove to have a *Personal Record* (*Personal Best*) achieved in the last 4 years (between 2015 and 2018) under 2h20:00 (or under 1h06:00 or under 30:15 in half marathon and 10,000 metres) in the case of men, and under 2h45:00 (or under 1h17:00 or under 35:30 in half marathon and 10,000 metres) in the case of women.
- Applications will not be accepted from anyone who has been subjected to penalties due to doping, which has been classified as serious or very serious by the IAAF, WADA or AESPAD, irrespective of when sanctioned and whether the runner had already served the penalty.

 Any athlete not contracted by the organization because he/she lacks the minimum time required, but beats his/her record and it is under 2h20:00 (men) or 2h45:00 (women), will not enjoy accommodation as he or she does not meet the Prerequisites, but will be rewarded equally.



- The organization provides accommodation and supports expenses for 3 days (4-starhotel from 30th November to 3rd December) to all runners from any country WHO HAVE NOT PREVIOUSLY BEEN CONTRACTED BY THE ORGANIZATION, provided that they have the minimum record times and meet the required conditions. It is important to remind applicants that the organization does not provide journey expenses or accommodation or support for companions, managers, individual pacers or trainers.
- Runners will have at their disposal hares or pacers provided by the organization.
- Runners that surpass their personal record will obtain the awards mentioned on the next page.







If the new personal record is under...

sub 2h 10:00	€4,000
sub 2h 15:00	€3,000
sub 2h 20:00	€2,000



If the new personal record is under...

sub <i>2h 28'00"</i>	4.000 €
sub 2h 36'00"	3.000 €
sub 2h 45'00"	2.000 €







- Running the Valencia Marathon and beating your historical personal record or personal best, that is, the best record in your sports career in marathon under 2h20:00 (men) or 2h45:00 (women)*.
- Or having your debut in a marathon under 2h20:00 (men) or 2h45:00 (women).
- All this while **respecting the regulations of the race**, the RFEA and the IAAF.

* Your historical personal best does not have to meet the record requirement for access to the programme (last 4 years).





• The organization will pay prizes after verifying that you have improved on your record, and after analyzing the results of the doping controls, in accordance with the rules established by the IAAF and WADA. Without having tested positive at this control.







- The participation of a large number of runners from as many countries as possible aiming to not only improve the race o event records, but also improve their own personal records.
- The offer in València of a unique treatment to the elite and semi-elite athletes, which is summed up in one objective: you only have to worry about running.
- Promotion of the principles that inspire the València City Council, SD Correcaminos (organizers) and the Trinidad Alfonso Foundation (main partner) of culture of effort, fair play, equal opportunities, and respect and promotion of sports as a source of universal values.

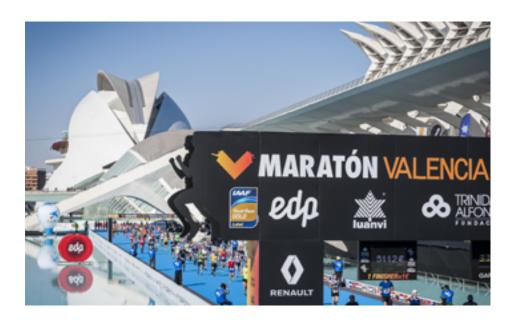


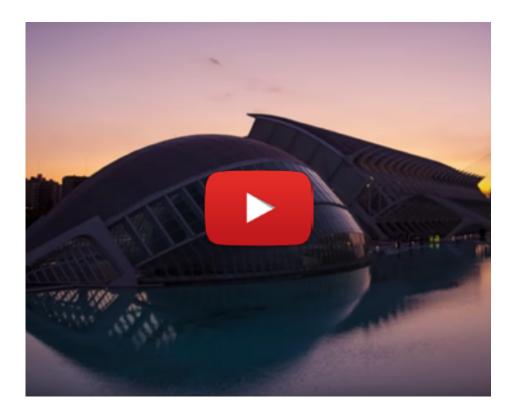
• Valencia Marathon will be held on the 2nd December 2018 at 8:30 am.





• The Valencia Marathon Trinidad Alfonso EDP is a certified race of **42,195 kilometers held since 1981 and classified as Road Race Gold Label by the IAAF**. It will be broadcasted live on the Spanish public television channel Teledeporte, as well as on the International Spanish TV Channel.

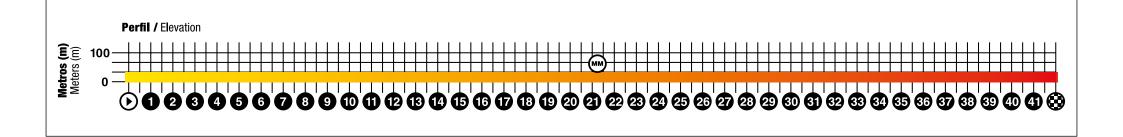




HERE YOU CAN SEE A PROMOTIONAL VIDEO OF THE RACE



- It is also the fastest marathon on Spanish ground, both for its record and for the average of its 20 best historical times. The city of València is located 12 metres above sea level, and has a totally flat marathon circuit. Kenyan Sammy Kitwara with 2:05:15 (men) and Kenyan Valary Jemeli Aiyabei with 2:24:48 (women) have the current record. Since 2010 Valencia Marathon has always been won with records under 2h 10min.
- In addition, in October 2014, Kenyan Abraham Cheroben ran the Valencia Half Marathon EDP (another race also organized by SD Correcaminos and the València City Council with the support of the Trinidad Alfonso Foundation) in 58:48, seventh best world record of all time.



 The historical average of the second half of November in València ranges from 15 °C maximum to 7 °C minimum, with an average humidity of 60%.











- In order to facilitate obtaining records of great importance in general, the 38th Valencia Marathon Trinidad Alfonso EDP offers, completely free, six groups (three men and three women) with their pacemakers or hares that will run at rates less than 2h 20:00 (men) and 2h 45:00 (women).
- The exact rate will be decided in early November, according to the applications received in the 'Personal Best', programme, but obviously the first group of men and women will go at a speed that allows approaching the record of the circuit (2h06:13 and 2h24:48), and the other two groups of men and women will march more slowly, always below the standards set by this programme.

• The pacemakers are expected to reach at kilometer 30.

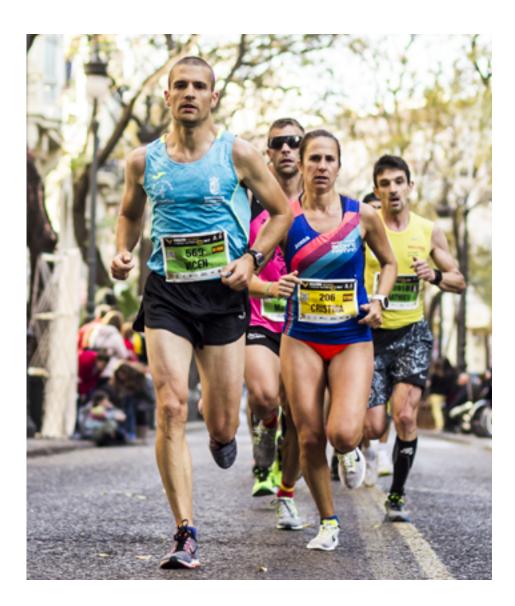


 Like any other participant, the ones registered in the *Personal Best* programme will also be *entitled to receive the Corresponding prizes for position that the organization of the Valencia Marathon Trinidad Alfonso EDP* determines in its rules, provided that they meet the requirements set.





- Within the organization of the Valencia Marathon Trinidad Alfonso EDP there is a Sports Technical Committee in contact with the National Federations and with IAAF official managers and representatives.
- This **Committee** will check if you meet the **minimum records, will solve your doubts and provide easiness**, so December, 2nd, 2018 you only have to worry about running fast.





 Once your records have been verified by the Technical Committee, the organization of the Valencia Marathon Trinidad Alfonso EDP will support the expenses of your bib number and your accommodation in Valencia from 30th November to 3rd December 2018, but in any case the expenses of your journey and stay of your companions. • If you wish to obtain further information, please contact us (preferably through your national federation) via email:

personalbest@maratonvalencia.com

Runner Support +34 672 114 201



BIB NUMBER

Valencia Marathon Trinidad Alfonso EDP 2018

• We are committed to respond immediately and, if everything is correct, we will see you next December in *Valencia Marathon Trinidad Alfonso EDP.*



ACCOMMODATION 30/Nov/2018 - 3/Dec/2018





• Until the **15st July 2018** or **until the hotel rooms reserved** by the organization for elite athletes are sold out.









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